

Dr. Lenny's Gluten Free Menu

Salads

The Ocean Club – Chilled fresh greens, tomatoes, cucumbers, onions, almonds, mandarin oranges 7.75/11.75
Add hearts of palm 4, chicken 7, salmon 9, shrimp 9

Salad Dressings

Balsamic Vinaigrette Raspberry Vinaigrette Italian Dressing
Ranch Dressing (*Ranch does contain yeast extract which someone with Celiac may want to avoid*)

Appetizers

Cauliflower Pizza - gluten free 10" cauliflower crust, fresh tomato sauce, low fat mozzarella cheese 11.95

Crabmeat Cocktail – Fresh jumbo lump crabmeat served with cocktail sauce 28.25

Entrees

Jumbo Lump Crab Cakes – fresh jumbo lump crab cakes, broiled or deep fried, served with lemon, tartar, and cocktail sauce single 28.25 | double 52.75

Imperial Crab "Maryland" – fresh jumbo lump crabmeat prepared from a classic Eastern Shore recipe topped with our Imperial sauce 43

Orange Roughy Chesapeake – New Zealand Roughy seasoned with Old Bay® and lemon pepper 21.95

Orange Roughy Annapolis – New Zealand Roughy stuffed with Crab Imperial 43

Chicken Horizons – Broiled chicken breast crowned with crabmeat, Imperial sauce & almonds 41.50

New York Strip or Delmonico – steak aged 21 days, prepared to perfection, grilled or blackened 12oz/32.95
16oz/47.25

Filet Mignon – steak, cut from the heart of the tenderloin, aged 21 days, grilled to your liking 6oz/32.95
10oz/47.25

Surf and Turf – A petite filet mignon and a cold-water lobster tail served with drawn butter 47.25

Provençal Vegetables - zucchini, squash, artichoke, asparagus and carrots; gently braised with garlic, shallots and olive oil 23.00

Shrimp Scampi - jumbo gulf shrimp sautéed in butter, garlic, lemon and white wine, garnished with fresh lemon and parsley, served over gluten free pasta and a side of vegetable medley 32.75

Catch of the Day – cooked to your liking, served with fresh vegetables and choice of starch MKT Price

Desserts

Seasonal Fresh Fruit 8.25

Fruit Pie 8.75

Chocolate Torte 7.50

Beverages

Coffee, Tea – 2.25 Milk (Whole, Skim, Chocolate) – 3.25 Cappuccino, Café Latte, Espresso – 5.50
Pepsi, Diet Pepsi, Sierra Mist, Ginger Ale, Lemonade – 2.95



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