Dr. Lenny's Gluten Free Menu

Salads

The Ocean Club – Chilled fresh greens, tomatoes, cucumbers, onions, almonds and Mandarin oranges 6.75/10.75
Add Hearts of Palm 3.25
Add chicken 6, salmon 8, shrimp 8

Chef's Salad – Swiss and American cheese, baked ham, and turkey breast, served on a bed of crisp greens with egg and tomato wedges, red onion, and cucumber 16.50

Salad Dressings

Balsamic Vinaigrette Raspberry Vinaigrette Italian Dressing
Ranch Dressing *(Ranch does contain yeast extract which someone with Celiac may want to avoid)*

Appetizers

Cauliflower Pizza - gluten free 10" cauliflower crust, fresh tomato sauce, low fat mozzarella cheese 10.75

Crabmeat Cocktail – Fresh jumbo lump crabmeat served with cocktail sauce 19.75

Entrees

Jumbo Lump Crab Cakes – fresh jumbo lump crab cakes, broiled or deep fried, served with lemon, tartar, and cocktail sauce single 18.95 | double 36.95

Imperial Crab "Maryland" – fresh jumbo lump crabmeat prepared from a classic Eastern Shore recipe topped with our Imperial sauce 29.95

Orange Roughy Chesapeake – New Zealand Roughy seasoned with Old Bay® and lemon pepper 19.95

Orange Roughy Annapolis – New Zealand Roughy stuffed with Crab Imperial 29.95

Chicken Horizons – Broiled chicken breast crowned with crabmeat, topped with Imperial sauce 28.75 and almonds

New York Strip or Delmonico – steak aged 21 days, prepared to perfection, grilled or blackened 12oz/29.95 16oz/42.95

Filet Mignon – steak, cut from the heart of the tenderloin, aged 21 days, grilled to your liking 6oz/29.95 10oz/42.95

Surf and Turf – A petite filet mignon and a cold-water lobster tail served with drawn butter 42.95

Provençal vegetables - zucchini, squash, artichoke, asparagus and carrots; gently braised with garlic, shallots and olive oil 21

Shrimp Scampi - jumbo gulf shrimp sautéed in butter, garlic, lemon and white wine, garnished with fresh lemon and parsley, served over gluten free pasta and a side of vegetable medley 29.95

Catch of the Day – cooked to your liking, served with fresh vegetables and choice of starch MKP

Desserts

Seasonal Fresh Fruit – 7.50 Fruit Pie 7.95 or Chocolate Torte 6.95

Beverages

Coffee, Tea – 2.00 Milk (Whole, Skim) Chocolate Milk – 3.00 Cappuccino, Café Latte, Espresso – 5.00
Pepsi, Diet Pepsi, Sierra Mist, Ginger Ale, Lemonade – 2.74

CLARION RESORT BY CHOICE HOTELS

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